

Start Presentation

Matthew 11:28-30

28 Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

30 For my yoke is easy to bear, and the burden I give you is light.”

NLT

Matthew 11:28-30

28 “Are you weary, carrying a heavy burden? Then come to me. I will refresh your life, for I am your oasis.

29 Simply join your life with mine. Learn my ways and you’ll discover that I’m gentle, humble, easy to please. You will find refreshment and rest in me.

30 For all that I require of you will be pleasant and easy to bear.”

TPT

When Life Gets Hard

His Yoke Is Still Light

Righteousness

Gets You Up From The Head Chair

Romans 15:17-19

17 For if by the one man's offense death reigned through the one, much more those who receive abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ.)

18 Therefore, as through one man's offense judgment came to all men, resulting in condemnation, even so through one Man's righteous act the free gift came to all men, resulting in justification of life.

19 For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous.

Galatians 2:21

21 I do not set aside the grace of God; for if righteousness comes through the law, then Christ died in vain.”

21 “So that is why I don’t view God’s grace as something minor or peripheral. For if keeping the law could release God’s righteousness to us, the Anointed One would have died for nothing.” [TPT]

21 If a living relationship with God could come by rule-keeping, then Christ died unnecessarily. [Message]

Hebrews 10:19-22

19 And now we are brothers and sisters in God's family because of the blood of Jesus, and he welcomes us to come right into the most holy sanctuary in the heavenly realm—boldly and with no hesitation.

20 For he has dedicated a new, life-giving way for us to approach God. For just as the veil was torn in two, Jesus' body was torn open to give us free and fresh access to him!

21 And since we now have a magnificent King-Priest to welcome us into God's house,

22 we come closer to God and approach him with an open heart, fully convinced by faith that nothing will keep us at a distance from him. [TPT]

Faith

Moves You To The Heart Chair

Ephesians 6:10-12

10 Finally, my brethren, be strong in the Lord and in the power of His might.

11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.

12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Colossians 3:1-2

1 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God.

2 Set your mind on things above, not on things on the earth.

1 Christ's resurrection is your resurrection too. This is why we are to yearn for all that is above, for that's where Christ sits enthroned at the place of all power, honor, and authority!

2 Yes, feast on all the treasures of the heavenly realm and fill your thoughts with heavenly realities, and not with the distractions of the natural realm.

[TPT]

Hebrews 5:12-14

12 For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food.

13 For everyone who partakes only of milk is unskilled in the word of righteousness, for he is a babe.

14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

Fellowship

Gets You Talking To God

Matthew 11:28-30

“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life.

I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you.

Keep company with me and you’ll learn to live freely and lightly.”

Message

Psalm 23:1-3

**1 The Lord is my shepherd;
I shall not want.**

**2 He makes me to lie down in green pastures;
He leads me beside the still waters.**

**3 He restores my soul;
He leads me in the paths of righteousness
For His name's sake.**

James 3:16-18

17 But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

18 Now the fruit of righteousness is sown in peace by those who make peace.

1 John 2:27

27 But you have received the Holy Spirit, and he lives within you, so you don't need anyone to teach you what is true. For the Spirit teaches you everything you need to know, and what he teaches is true—it is not a lie. So just as he has taught you, remain in fellowship with Christ. [TPT]

When Life Gets Hard

His Yoke Is Still Light

➤ **Righteousness**

➤ **Gets You Up From The Head Chair**

➤ **Faith**

➤ **Moves You To The Heart Chair**

➤ **Fellowship**

➤ **Gets You Talking To God**

The End