

**Start Presentation**

## **Psalm 34:1-4**

**1 I will bless the LORD at all times;  
His praise shall continually be in my mouth.**

**2 My soul shall make its boast in the LORD;  
The humble shall hear of it and be glad.**

**3 Oh, magnify the LORD with me,  
And let us exalt His name together.**

**4 I sought the LORD, and He heard me,  
And delivered me from all my fears.**

## **1 John 4:18-19**

**18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.**

**19 We love Him because He first loved us.**

# Facing Your Fears

Face God

## Genesis 3:7-10

**7 At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.**

**8 And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.**

**9 Then the LORD God called to Adam and said to him, “Where are you?”**

**10 So he said, “I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.”**

## **Hebrews 4:15-16**

**15 This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.**

**16 So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.**

## **Philippians 4:6-7**

**6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.**

**7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.**



## **1 Peter 5:6-7**

**6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time,**

**7 casting all your care upon Him, for He cares for you.**

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**7 Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully**

Face Yourself

## **Philippians 4:6-7**

**6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.**

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**7 Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.**

**Message**

## Colossians 3:15

**15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.**

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**15 And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ's] one body you were also called [to live]. And be thankful (appreciative), [giving praise to God always].**

**AMP**

## **James 1:2-5**

**2 My brethren, count it all joy when you fall into various trials,**

**3 knowing that the testing of your faith produces patience.**

**4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing.**

**5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.**

## **Proverbs 3:5-6**

**5 Trust in the LORD with all your heart,  
And lean not on your own understanding;**

**6 In all your ways acknowledge Him,  
And He shall direct your paths.**

Face The Fear

## **1 Peter 5:7-10**

**7 casting all your care upon Him, for He cares for you.**

**8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.**

**9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.**

**10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.**



## **Philippians 4:7-9**

**7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.**

**8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.**

**9 Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.**

## **2 Corinthians 10:4-5**

**4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,**

**5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ**

## **2 Timothy 1:7**

**7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.**

**7 For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. [NLT]**

**7 For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.  
[AMP]**

## **Romans 8:14-16**

**14 For as many as are led by the Spirit of God, these are sons of God.**

**15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."**

**16 The Spirit Himself bears witness with our spirit that we are children of  
God**

## **James 3:14-16**

**14 But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.**

**15 This wisdom does not descend from above, but is earthly, sensual, demonic.**

**16 For where envy and self-seeking exist, confusion and every evil thing are there.**

## **James 3:17-18**

**17 But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.**

**18 Now the fruit of righteousness is sown in peace by those who make peace.**

## **1 John 2:26–27**

**26 These things I have written to you concerning those who try to deceive you.**

**27 But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things, and is true, and is not a lie, and just as it has taught you, you will abide in Him.**

**27 But they're no match for what is embedded deeply within you — Christ's anointing, no less! You don't need any of their so-called teaching. Christ's anointing teaches you the truth on everything you need to know about yourself and him, uncontaminated by a single lie. Live deeply in what you were taught. [Message]**

# Facing Your Fears

## ➤ Face God

- Come to the Father Without Shame
- Cast Out Fear / Cast Care On Him

## ➤ Face Yourself

- Let God's Peace Rule
- Let Patience Have Its Perfect Work

## ➤ Face The Fear

- Resist with the Word of God
- Listen for the PURE Wisdom of God



The End